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Judith Josiah-Martin, PhD, ASCW, CADC

University of Maine
168 College Ave
Orono, ME 04469

Dear Dr. Judith Josiah-Martin,

My name is Meredith Torrey and I have been an outpatient mental health therapist at Behavioral Health Center (BHC) for four years. I have had the pleasure of mentoring Jenna Malvin during her clinical internship at BHC. During my time at BHC, I have mentored multiple clinical interns and I have never been as impressed as I am by Ms. Malvin. A few words I would use to describe Ms. Malvin are passionate, insightful, compassionate, professional, and intelligent.

Ms. Malvin has taken initiative to facilitate the SAFE (Sexual Abuse Family Education) group to provide psychoeducational information to clients who are looking to potentially be a chaperone for a person who has committed a sexual offense. Leading this group can be challenging due to the nature of the clientele; they are often mandated by DHHS or another entity to complete this group. Ms. Malvin leads this group exceptionally and facilitates meaningful conversation with group members. Ms. Malvin has also introduced skills in individual sessions in a thoughtful way that helps clients to better understand and apply them to their lives.

Ms. Malvin is intuitive to clients needs, thought processes, and motivations. She is unafraid to ask questions, ask for support, and to challenge others' perceptions. Throughout her internship at BHC, Ms. Malvin has made me a better social worker. She will be an incredible addition to the social work field.

Sincerely,

Meredith Torrey